

Youth Specific Rules

Division (Birth Year)		Players on field	Ball Size	Punting
Coed '10/'09	Recreation (U8/U9) teams that have not played much before	7v7 (including GK)	Size 4	Yes
Coed '10/'09	Intermediate (U8/U9)	7v7 (including GK)	Size 4	Yes

Boys '08 & Girls '08	U10 (1 point goals only)	7v7 (including GK)	Size 4	Yes
Boys '07 & Girls '07	U11 (1 point goals only)	7v7 (including GK)	Size 4	Yes
Boys '06 & Girls '06	U12 (1 point goals only)	7v7 (including GK)	Size 4	Yes

Boys '05 & Girls '05	U13 (1 point goals only)	7v7 (including GK)	Size 5	No
Boys '04 & Girls '04	U14 (1 point goals only)	7v7 (including GK)	Size 5	No

High School Boys Varsity	<u>Premier</u> High School (2 point goals allowed)	6v6 (including GK)	Size 5	No
High School Boys JV	<u>Intermediate</u> High School (2 point goals allowed)	6v6 (including GK)	Size 5	No
High School Boys C	<u>Younger</u> High School (2 point goals allowed)	6v6 (including GK)	Size 5	No
High School Girls	Intermediate High School (2 point goals allowed)	6v6 (including GK)	Size 5	No
High School Coed	Intermediate High School (2 point goals allowed)	6v6 (including GK)	Size 5	No

- **All youth teams:**
 - No more than 2 coaches on the bench at 1 time
 - Coaches must be on the roster
 - If more than 2 coaches on bench at 1 time, a blue card will be issued every minute until the extra coaches/parents/spectators are cleared
 - Teams caught with players that are too old for the division, the game will be a forfeit, and the team will be issued a \$100 fine

- **Division years 2010 - 2006:**
 - 1 point goals only
 - Kick off is indirect (teams can not score off kick off unless touched by another player first)